

# Do You Need Help?



Are you a low-income, elderly, or disabled Tigard citizen? Do you need assistance with finances, home repairs, accessibility improvements, general maintenance, or personal needs? Following are some assistance programs that may be able to help you.

### HARDE Program

This program is designed to assist low and moderate-income disabled and elderly Washington County residents. Elderly homeowners may qualify for both accessibility improvements and urgent home repairs. Non-elderly applicants with disabilities are eligible for accessibility improvements only. Contact 503-846-8897 for an application or further information.

### Christmas in April

Christmas in April is a leading local volunteer organization that, in partnership with the community, rehabilitates the houses of low-income homeowners, particularly the elderly and disabled, so they can continue to live in warmth, safety and independence. Contact 503-644-4544 for an application or further information.

### The Gimper Society

The Gimper Society helps people of every kind in need. Light gardening, light moving and cleanup, transportation to appointments, companionship in times of need and other services as requested. Visit [www.gimpersociety.org](http://www.gimpersociety.org) or contact Keith Phelps at 503-620-7099 or The Gimper Society at 503-639-3273 for further information.

### The Tigard Senior Center

The Tigard Senior Center has information about programs and resources for those in need, as well as occasional opportunities for yard maintenance and cleanup. Contact the Tigard Senior Center at 503-620-4613 for further information.

## Also available for your assistance needs:

Aging Services (Washington County)		503-640-3489
American Red Cross	<a href="http://www.redcross.org">www.redcross.org</a>	503-284-1234
Boy Scouts		503-226-3423
Care to Share	<a href="http://www.caretoshareonline.com">www.caretoshareonline.com</a>	503-292-4094
Community Action Neighbor Share	<a href="http://www.communityaction4u.org">www.communityaction4u.org</a>	503-598-0505
Community Action Organization	<a href="http://www.caowash.org/find.htm">www.caowash.org/find.htm</a>	503-693-3224
Community Partners/Affordable Housing		503-968-2724
Drug & Alcohol Helpline		800-621-1646
Girl Scouts		503-620-4567
Good Neighbor Center Shelter		503-443-6084
Habitat for Humanity		503-245-1798
Health & Human Services (WACO)		503-846-8881
Housing Connections	<a href="http://www.housingconnections.org">www.housingconnections.org</a>	503-802-8562
"I Need Help"	<a href="http://www.ohcs.oregon.gov/OHCS/COM_INeedHelp.shtml">www.ohcs.oregon.gov/OHCS/COM_INeedHelp.shtml</a>	
Low Income Heating/Energy Assistance	<a href="http://www.liheap.ncat.org/profiles/Oregon.htm">www.liheap.ncat.org/profiles/Oregon.htm</a>	
Oregon Heat	<a href="http://www.oregonheat.org/index.htm">www.oregonheat.org/index.htm</a>	503-612-3790
Oregon Food Bank	<a href="http://www.oregonfoodbank.org/ofb_services/statewide_services/">www.oregonfoodbank.org/ofb_services/statewide_services/</a>	
Oregon Helps	<a href="http://www.oregonhelps.org">www.oregonhelps.org</a>	
Oregon Housing/Community Services	<a href="http://www.ohcs.oregon.gov/OHCS/SOS_LowIncome_EnergyAssistance.shtml">www.ohcs.oregon.gov/OHCS/SOS_LowIncome_EnergyAssistance.shtml</a>	
Oregon SafeNet		1-800-SafeNet
PGE Community Energy Project	<a href="http://www.communityenergyproject.org/seniors">www.communityenergyproject.org/seniors</a>	503-284-6827
Salvation Army		503-640-4311
Subsidized Housing Search	<a href="http://www.hud.gov/apps/section8/index.cfm">www.hud.gov/apps/section8/index.cfm</a>	
Tigard Loaves & Fishes		503-620-4613
Weatherization Assistance	<a href="http://www.eere.energy.gov/weatherization/cfm/index.cfm/state_abbr=or">www.eere.energy.gov/weatherization/cfm/index.cfm/state_abbr=or</a>	